

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

3

**PEAS WITH CARROT**  
GUISANTES CON ZANAHORIA

**GRILLED HAKE FILLET**  
FILETE DE MERLUZA A LA PLANCHA

**FRUIT**  
FRUTA

10

**GREEN BEANS WITH CARROT**  
JUDÍAS VERDES CON ZANAHORIA

**GRILLED CHICKEN STEAK**  
FILETE DE POLLO A LA PLANCHA

**FRUIT**  
FRUTA

17

**BROCCOLI WITH LEEK**  
BRÓCOLI CON PUERRO

**GRILLED PORK LOIN SLICES**  
LOMO A LA PLANCHA

**YOGHURT**  
YOGUR

24

**BROCCOLI WITH LEEK**  
BRÓCOLI CON PUERRO

**GRILLED SALMON**  
SALMÓN A LA PLANCHA

**FRUIT**  
FRUTA

31

**GREEN BEANS WITH POTATOES**  
JUDÍAS VERDES CON PATATAS

**GRILLED HAKE FILLET**  
FILETE DE MERLUZA A LA PLANCHA

**FRUIT**  
FRUTA

4

**CAULIFLOWER WITH ZUCCHINI**  
COLIFLOR CON CALABACÍN

**GRILLED SALMON**  
SALMÓN A LA PLANCHA

**FRUIT**  
FRUTA

11

**BROCCOLI WITH LEEK**  
BRÓCOLI CON PUERRO

**GRILLED LEAN MEAT FILLET**  
FILETE DE MAGRA A LA PLANCHA

**FRUIT**  
FRUTA

18

**PEAS WITH CARROT**  
GUISANTES CON ZANAHORIA

**GRILLED HAKE FILLET**  
FILETE DE MERLUZA A LA PLANCHA

**FRUIT**  
FRUTA

25

**CAULIFLOWER WITH ZUCCHINI**  
COLIFLOR CON CALABACÍN

**GRILLED CHICKEN STEAK**  
FILETE DE POLLO A LA PLANCHA

**FRUIT**  
FRUTA

5

**GREEN BEANS WITH CARROT**  
JUDÍAS VERDES CON ZANAHORIA

**GRILLED PORK LOIN SLICES**  
LOMO A LA PLANCHA

**YOGHURT**  
YOGUR

12

**CAULIFLOWER WITH ZUCCHINI**  
COLIFLOR CON CALABACÍN

**GRILLED SALMON**  
SALMÓN A LA PLANCHA

**FRUIT**  
FRUTA

19

**GREEN BEANS WITH CARROT**  
JUDÍAS VERDES CON ZANAHORIA

**GRILLED CHICKEN STEAK**  
FILETE DE POLLO A LA PLANCHA

**FRUIT**  
FRUTA

26

**PEAS WITH CARROT**  
GUISANTES CON ZANAHORIA

**GRILLED LEAN MEAT FILLET**  
FILETE DE MAGRA A LA PLANCHA

**FRUIT**  
FRUTA

6

**BROCCOLI WITH LEEK**  
BRÓCOLI CON PUERRO

**BAKED FISH**  
LIMANDA AL HORNO

**FRUIT**  
FRUTA

13

**MIXED VEGETABLES**  
MENESTRA DE VERDURAS

**GRILLED PORK LOIN SLICES**  
LOMO A LA PLANCHA

**FRUIT**  
FRUTA

20

**CAULIFLOWER WITH ZUCCHINI**  
COLIFLOR CON CALABACÍN

**GRILLED SALMON**  
SALMÓN A LA PLANCHA

**FRUIT**  
FRUTA

27

**MIXED VEGETABLES**  
MENESTRA DE VERDURAS

**GRILLED HAKE FILLET**  
FILETE DE MERLUZA A LA PLANCHA

**YOGHURT**  
YOGUR

7

**MIXED VEGETABLES**  
MENESTRA DE VERDURAS

**GRILLED LEAN MEAT FILLET**  
FILETE DE MAGRA A LA PLANCHA

**FRUIT**  
FRUTA

14

**PEAS WITH CARROT**  
GUISANTES CON ZANAHORIA

**BAKED FISH**  
LIMANDA AL HORNO

**ICE CREAM**  
HELADO

21

**GREEN BEANS WITH CARROT**  
JUDÍAS VERDES CON ZANAHORIA

**BAKED FISH**  
LIMANDA AL HORNO

**FRUIT**  
FRUTA

28

**GREEN BEANS WITH CARROT**  
JUDÍAS VERDES CON ZANAHORIA

**GRILLED SALMON**  
SALMÓN A LA PLANCHA

**FRUIT**  
FRUTA



Start with a good **BREAKFAST**



Bread, cereal or derivatives

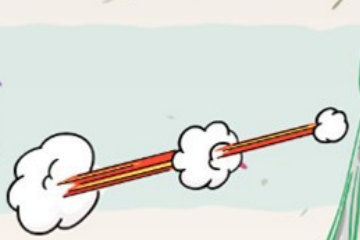


Milk or derivatives



Fresh fruit and vegetables

Welcome to our safe school dining room!



If we have had these for lunch:	Our dinner could be:
Cereals, starches or legumes	Raw vegetables or cooked legumes
Vegetables	Cereals or starches
Meat	Fish or egg
Fish	Lean meat or egg
Egg	Fish or lean meat
Fruit	Dairy or fruit
Dairy	Fruit

1

We are ready to guarantee the safety of children in the dining classroom.

**THE HEALTH GUARDIANS**



2

We develop and implement our Safety and Prevention Protocols, which are verified by Bureau Veritas Certification



3

The well-being of every family is our priority.

Notes

This company is a member of the Collaboration Plan for the Improvement of Food and Beverage Composition and other measures for 2020. In case of allergies or intolerances, try to maintain a healthy diet by replacing foods that are not tolerated with others within the same food group. Our company freezes fish that will be consumed raw or lightly cooked according to RD 1420/2006. As established in RE 1169 /2011, the kitchen has information on the allergen content in prepared menus.

